

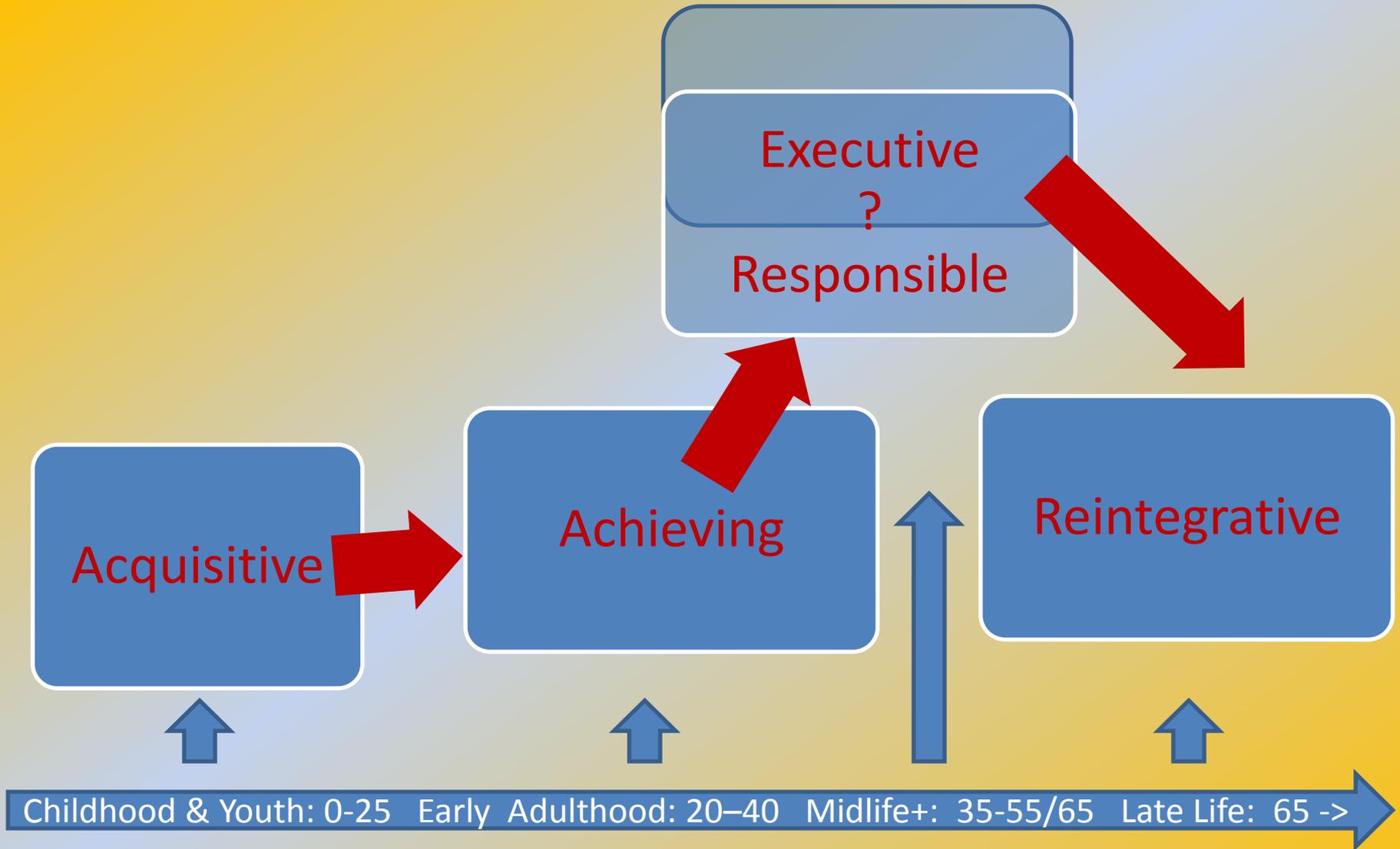
### **Integration of systems:**

- In terms of moral development, one is far more likely to acquire Kohlberg's post-conventional/self accepted level of moral reasoning if one has stepped fully into formal operations --and if one has moved into the *commitment phase* of W. Perry's form of post-formal intellectual development.
- This is yet another example of how social and emotional development gets tied to advanced cognitive maturation, and the underlying brain maturation that accompanies it.

### **Qualitative versus Quantitative Change:**

- Cognitive development in adulthood is readily described in terms of WHAT and HOW MUCH we are thinking about than HOW we think about it. K.W. Schaie's view is an example:

# K. Warner Schaie's view of adult cognitive / vocational development



# Adult development

## Theories of **personality change**:

Sigmund Freud's  
Psychosexual Development



Erik Erikson's  
Psychosocial Development



Daniel Levinson (1978)  
Seasons of a Man's Life



Gail Sheehy (1984)  
Passages



Daniel Levinson (1986)  
Seasons of a Woman's Life



Robert Peck:  
Ego development in  
adulthood



Robert Havighurst:  
Key developmental tasks of  
adulthood

**Plus related work that will be of interest:**

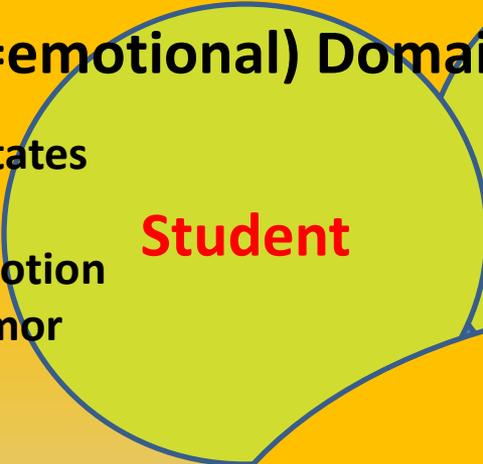
**Donald Super - Vocational Development**

**Bernice Neugarten - Adjustment to late life**

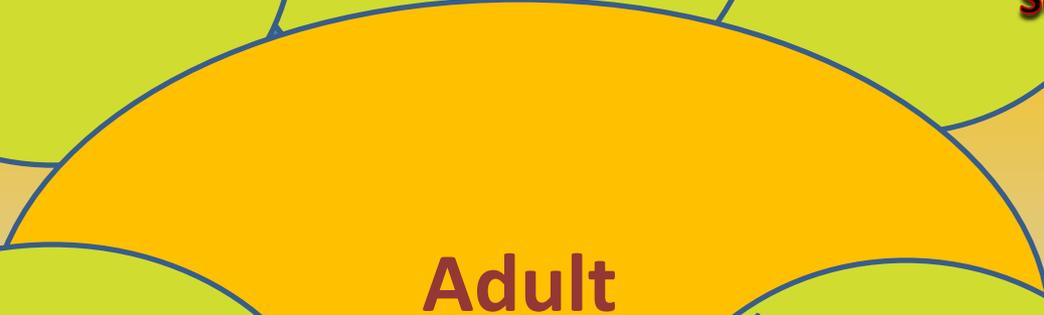
McGuff's generic model of personality, social adjustment, life, the universe & everything...

**Affective (=emotional) Domain**

- Emotional States
- Moods
- Range of emotion
- Sense of humor
- Optimism
- Confidence
- Empathy
- Attitudes

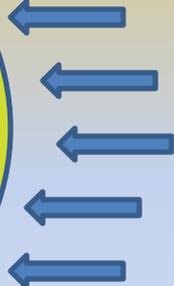
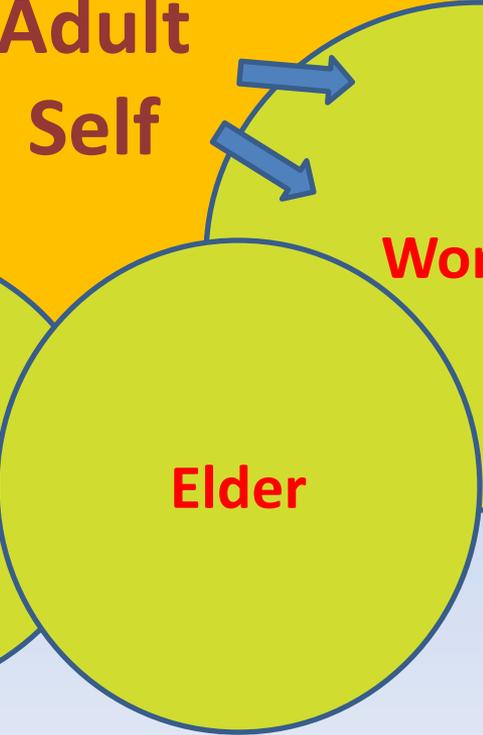
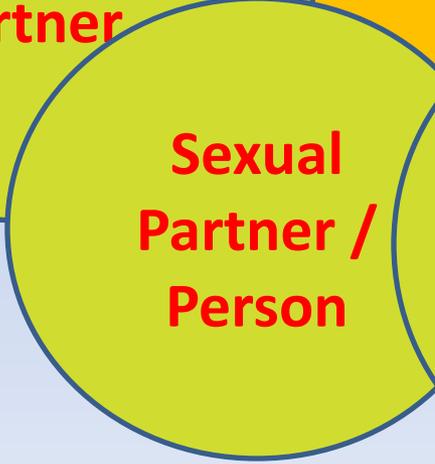
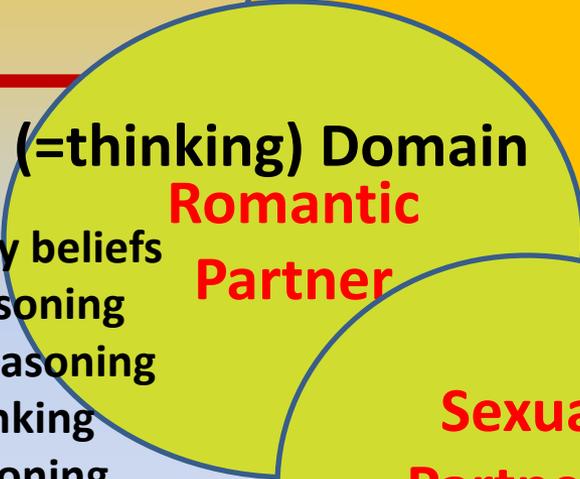


Self Esteem



**Cognitive (=thinking) Domain**

- Self efficacy beliefs
- Logical reasoning
- Abstract reasoning
- Critical thinking
- Moral reasoning
- Verbal skills
- Vocabulary of emotion
- S.E. Beliefs - re self in social contexts/roles



# Key life tasks of emerging and early adulthood:

Erikson:

VI:  
Intimacy  
vs.  
Isolation

Late  
teens –  
mid/late  
20's

VII:  
Generativity  
vs.  
Stagnation

Late  
20's –  
mid/late  
60's

- Havighurst:
  1. Selecting a mate
  2. Learning to live with a marital partner
  3. Starting a family
  4. Rearing children
  5. Managing a home
  6. Get started in occupation
  7. Take on civic responsibility
  8. Find a congenial social group

Levinson:

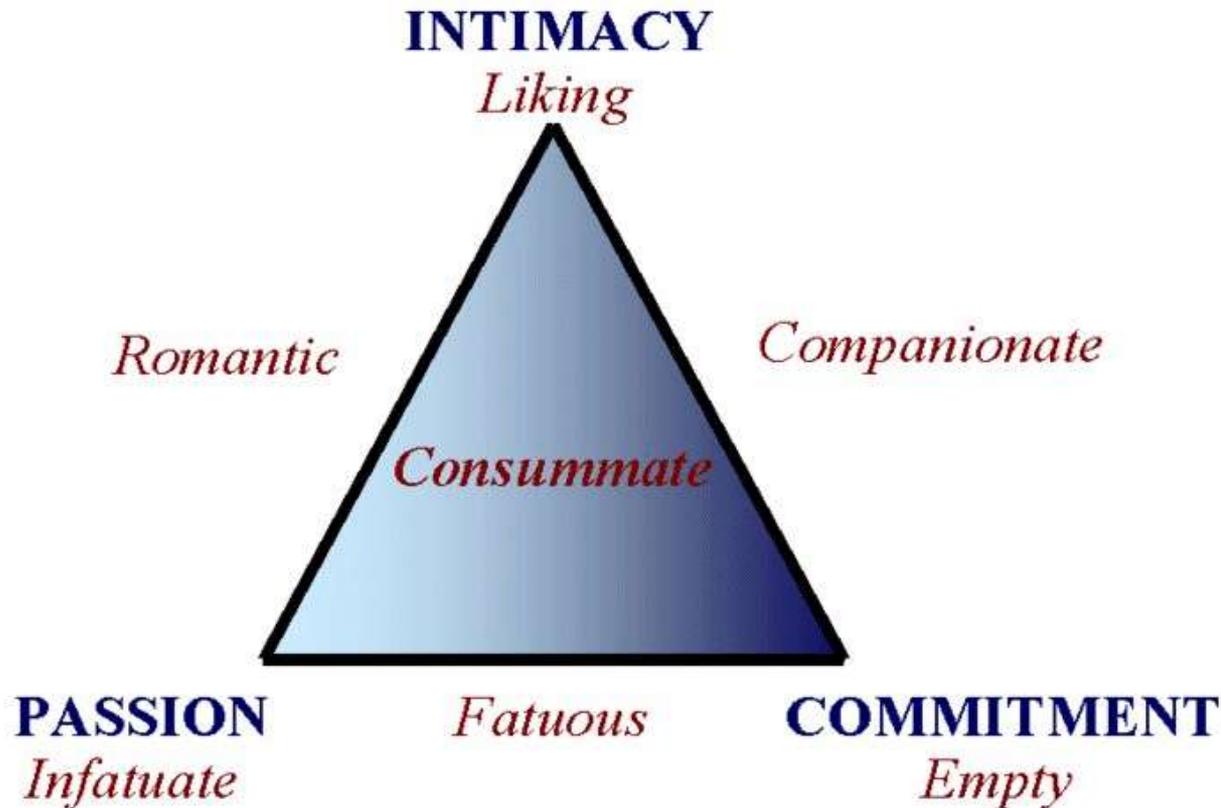
1. Early adult transition
2. Entry into *Life Structure*
3. Age 30 transition

Levinson asserts that men must *define a dream* in order to successfully make the early adult transition.

They often do so through two important **transitional objects**: the *mentor* & the *special woman*.

# Theories of Love:

## STERNBERG'S TRIANGULAR THEORY OF LOVE



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...but the challenge in the **long term** romantic relationship/marriage **is to keep passion alive.**  
**How is this accomplished?**

# Theories of Love (cont'd):



- **Murstein's S-V-R theory**

- Stimulus

- Value

- Roles



*Deepening criteria for  
maintaining the relationship*

*Shift toward greater intimacy*

*Move toward marriage*

# Stages of Parenthood

-Ellen Galinsky

Image-making

Nurturing

Authority

Interpretive

Interdependence

Departure

Prenatal    Infancy: 0-2    Toddler - Elementary: 2- 8

Middle Childhood 6 - 12

Adolescence 12 -20    Emerging Adulthood-

